

An Approach To Relaxation

[An Approach To Relaxation](#) is a joint project between Master Sommelier Richard Betts and Carla Rza Betts (formerly of The Spotted Pig, The Breslin and The John Dory Oyster Bar in NYC.)

[Sucette](#) (2014) is a 100% Grenache from an 80-85-year old, sand-grown, own-rooted vineyard that is beyond organic - it's feral. The owner literally does nothing other than prune and harvest. The vineyard is located in the Vine Vale, the coolest region of the Barossa Valley, situated at the foot of the Eden Valley in South Australia.



The 2014 growing year offered up everything from heavier than average rainfalls early on to record setting heat during Summer, and finally a more balanced end-of-season mix of warm, dry days with overall healthy grapes at the time of harvest on May 1. Warm, dry, low yields.

After an 8 day ferment with 20% whole cluster, we basket pressed over a slow 12 hour press cycle, and the wine spent a year in old French oak before being bottled unfinned and unfiltered.

A pretty, open-knit wine with ripe summer strawberries and raspberries, plum, white pepper, bits of floral, cedar and long, silky, perfumed finish.

Press for 2014 Sucette:
Wine Spectator 92 points
Wine & Spirits 94 points