

An Approach To Relaxation

[An Approach To Relaxation](#) is a joint project between Master Sommelier Richard Betts and Carla Rza Betts (formerly of The Spotted Pig, The Breslin and The John Dory Oyster Bar in NYC.)

[Sucette](#) (2015) is a 100% Grenache from an 80-85-year old, sand-grown, own-rooted vineyard that is beyond organic - it's feral. The owner literally does nothing other than prune and harvest. The vineyard is located in the Vine Vale, the coolest region of the Barossa Valley, situated at the foot of the Eden Valley in South Australia.



After a strong beginning with healthy rains, the 2015 growing period was fairly consistent with warm (not hot) days and cooler nights, allowing for even ripening. Due to the threat of some ugly weather, we picked a bit earlier than usual this year (March 27).

The 2015 fruit was all sourced from a single Vine Vale vineyard approximately 80-85 years old, own-rooted in deep sand. After an 8 day ferment with 25% whole cluster, we basket pressed over a slow 12 hour press cycle and the wine spent a year in old French oak before being bottled unfiltered and unfiltered.

A modest display of fruit with more focus on earth and precision, the 2015 is slightly more taut than the 2014. Just-ripe strawberries and raspberries, super floral nose with notes of leather, earth and black pepper. Tannins are firm and structured.

Press for 2015 Sucette:

Wine Spectator 90 points

Wine & Spirits 93 points

Vinous 92 points

Wine Advocate 92